


Words of Truth 

Craig Groeschel YouVersion Devotion/Sermon/Words to Live By (April 2017)

Our lives move in the direction of our strongest thoughts!!! (Craig Groeschel)

In the same way, “death” words empower the enemy, so “life” words empower the angels of God and once we voice our thoughts we give them permission to manifest! (Words, They Become You devo)

Feelings

Emerging

Against

Reason

FEAR

2 Timothy 1:7

Psalm 56:3-4

Celebrate

Ask

Leave

Meditate

CALM

Phil 4:4-8

Hearing is the ability to perceive sounds or information.

Listening is paying attention to them.

How did Jesus defeat the devil? He pulled out the sword of the Spirit—the Word of God—and plunged it into Satan’s lie. He recognized the lie, rejected the lie, and replaced the lie with truth. (Enough:Silencing the Lies that steal your confidence)

God is:

- SOVEREIGN — He reigns over everyone and everything and has never been stressed out.
- UNSTOPPABLE and so are those who follow Him.
- HOLY— God is perfect, which means everything He wants/desires for my life is far greater than anything I could have thought of.
- CONSISTENT — I don’t have to worry about Him being in a bad mood.
- GREATER than any temptation the enemy throws my way.
- BETTER than anything the world has to offer.
- BIGGER than any sin or failure in my life.
- GRACIOUS — He knows every stupid, foolish, sinful thing I’ve ever done (or will do), and yet He loves me anyway!
- ALWAYS here with me — God has NEVER walked away from me. He doesn’t always deliver me from the fire, but He has ALWAYS walked with me through it!

- FAITHFUL — If I fail to see His faithfulness in my past, I will probably not recognize the fruitfulness of my future.
- THE ONE WHO PURSUES ME — He pursues me even on the days I tend to walk away from Him.
- RELENTLESS — He has NEVER given up on me!
- PASSIONATE — His passion and zeal that the scriptures reveal cause me to be in AWE.

Lies flee in the presence of truth...Uninvited by Lysa TerKeurst

At the heart of it, if we desire a godly life, we must have a godly mind. (Change Your thoughts, change your world devotion on YouVersion day 2.)

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- Truth not grasped in a heart never works. It drops dead. (Battle Ready by Kelly Balarie 🙌)
 - It takes 66 days to form a new habit.
 - I've noticed that by repeatedly doing the opposite of my negative patterns, I break it. I break off who I was never intended to be and I find God's true intent for me.

Pray this to get rid of a thought from Satan..."This thought is not like God's thoughts. It is against God and His revealed will. No matter how good this thought makes me feel, or no matter how anxious it makes me feel—no matter how much I may want to act on it or worry about it—it's a thought out of hell, sent from the enemy. In Christ's authority, I am going to make it my captive and dismiss it."

M—the Lies!

I—Invite the Truth!

N—Notice the Patterns!

D—Decide What You Think!

Annie F Downs book Perfectly Unique

The One who resides in us is far greater than the one who sets out to destroy us. (What is Spiritual Warfare Devo)

TRUTH STATEMENTS...

Speak, Lord, for your servant is listening...

I AM SABRINA, THE ONE JESUS LOVES ❤️

1. I AM A WARRIOR!! Rise up! I am strong in the Lord! I am mighty in His power! In Christ, I am strong enough to resist the forces of darkness! And in Him, I am strong enough to admit when I get it wrong. I will get out there and fight against the sin that strips me of my spiritual strength. I will tell the devil, "Don't mess with me! My Heavenly Father is with me! You can't have my marriage! You can't have my children! You can't have my finances, future or my faith!" I will never surrender! I will never retreat! I won't abandon my post! I have someone to protect, a kingdom to advance and a battle to win! I will stand my ground! With Christ, I am victorious! (I put this note Craig Groeschel shared on IG in first person)

2. I DO love the Lord my God with ALL my ♥, with ALL my soul, with ALL my 🧠 and with ALL my 🦶. I also love my neighbor as myself. (Mark 12:29-31)
3. I will submit to Jeff in the way God calls me to. I know that Jeff loves me in the same way God loves his church. I will love and support Jeff in all God calls him to be and do as a husband, father and pastor. (Ephesians 5:22-26)
4. I will respect, rejoice with and relate to Jeff.
5. Today, Father, I choose life and I choose blessing. I choose to believe and not doubt. I choose to walk by faith, not fear. With your help, Holy Spirit, I will choose all that God wills for me. I believe abundant life is mine, and I am taking the steps required to experience it to the fullest. Thank you, God, for the power to choose. I choose life and I choose blessing today. (Renewing The Mind devo day 21)
6. God has given me EVERYTHING I need...to do what He's called me to do (Craig Groeschel's list from his devo Words To Live By)
7. I will hold myself to God's standards and measure myself with God's grace. (Craig Groeschel's list from his devo Words To Live By)
8. I will act justly, love mercy, and walk humbly with my God. (Micah 6:8) tattoo
9. I'm no longer a slave to fear, I AM A CHILD OF GOD. (Galatians 4:7)
10. I am intentional to leave my children with an eternal legacy. (Deuteronomy 6:5-9)
11. Children are a gift from the Lord; they are a reward from him. (Psalms 127:3)
12. My children will walk in the light!
13. My children will be used by God to change this world.
14. Satan, you can't have my children! I'm not leaving them behind! As for me and my house, we will serve the Lord! (Joshua 24:15)
15. I am the BEST mom for Jonah, Mariah, Makalah and Jaydah. I am the BEST wife for Jeff. I am the BEST Pastor's wife for Element Church.
16. I will never give up, even when parenting is hard. (Craig Groeschel's list from his devo Words To Live By)
17. Jesus called me to be Jonah, Mariah, Makalah and Jaydah's mom. Jesus will give me the wisdom, discernment, guidance and direction I need to raise them.
18. Out of all the women who will ever live, God chose me to be the mom of my kids. I will be the best mom I can to honor God and help them honor Him too. (May 2020 from Jeff)
19. IF my kids get married and IF they have children, I will choose to be the best Grandma I can be to those kids. I will be patient, loving, kind, generous and helpful. I will not overpower my kid's parenting techniques. I will be honoring to my kids as I help with their kids. I will pray daily for my grandkids. (2020)
20. Psalm 16:8 "I know the Lord is always with me. I will not be shaken, for he is right beside me."
21. I can do ALL things through Christ who gives me strength. (Philippians 4:13)
22. The same power that raised Christ from the dead lives in me. (Ephesians 1:19-20)
23. I have supernatural, resurrection, roll-the-stone-away power at hand to change my mind, transform my thoughts, and win the war. (Winning The War In your Mind by Craig Groeschel...page 34)
24. I have authority over the enemy. (Luke 10:19)

25. "For every child of God defeats this evil world, and we achieve this victory through our faith."(1 John 5:4 NLT)
26. I am a good friend. (Proverbs 27:9)
27. I am a pursuer of relationships with people just as God pursues a relationship with me. (Jennie Allen podcast...Why we all need real, raw, honest friends)
28. Thank you, Father, for the strength to keep going. I refuse to give up or give in. I believe You have abundant life for me, and I am running the race to win the prize. I pray, Holy Spirit, you strengthen and energize my life to keep going and to receive all you have for me. I am strong in the Lord; I am on my way. (Renewing the Mind devo day 28)
29. I take my thoughts captive and align them with God's perspective.
30. I will not be afraid because God is with me. (Isaiah 41:10) 🤝
31. I receive the gift of PEACE, and therefore I am not troubled. I have power, love, and a sound mind. I have authority over the enemy. No evil or disaster can harm me. God is my Deliverer. I expect God to show up in my life today, in Jesus' name. (Kim shared this with me from one of her Devos)
32. I am healthy because God said so, I eat food for fuel. I eat food that heals my body not kills my body. (First part is from God and the rest from a DoTerra podcast)
33. I am loved by God (John 3:16)
34. I rely on God's strength because when I am weak, HE IS STRONG. (2 Corinthians 12:9-10)
35. God is all powerful so I don't need to be.
36. I will know the truth and the truth will set me free.(John 8:32)
37. I am nothing without Jesus, but in and through Him, I am valuable and can do great things.
38. I will put on the Armor of God today. Starting with the BELT OF TRUTH, then the BREASTPLATE OF RIGHTEOUSNESS, the SHOES OF PEACE and the HELMET OF SALVATION. I lift up the SHIELD OF FAITH against all the fiery darts, temptations and lies of the enemy. I take in my hand the SWORD OF THE SPIRIT, the word of God. (Ephesians 6:10-20)
39. I celebrate the truth that God began a good work in me, and will continue his work til it's finally finished on the day when Christ Jesus returns. I am NOT a mess. I am NOT a failure. I am NOT worthless. I am NOT a mistake. I AM JUST UNFINISHED. (Philippians 1:6) (Mandisa devo) (I added to it) August 2017
40. I am who God says I am. My identity rests in God. (Ephesians 2:10)
41. God designed me ON purpose, WITH purpose, and FOR a purpose. He is the Knitter and the Knower. I am fearfully and wonderfully made. God designed that we walk in harmony with His plan. (Psalm 139:14) (Navigating Teenage Rebellion Day 2)
42. The Holy Spirit has produced in me LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS and SELF-CONTROL. I will choose to live out these fruits today in all I do. (Galatians 5:22-23)
43. Thank you, God, for the spirit of power, love and a sound mind. I pray the spirit of fear will have no place in my life. You did not give me a spirit of fear, so I refuse to be controlled by it. I pray Your power and love will lead me and all I do. My life, my spouse, and my children are free from fear; we walk in the Spirit of God. (Renewing the mind devo day 22)
44. God is stronger than my appetite...I will choose to worship God with my body today
45. I believe that God can. I believe that God will. But EVEN IF he doesn't, I still believe. (Daniel 3:18)

46. I will conquer evil by doing good and I will not get tired of doing what is good
47. I will choose to say IT IS WELL WITH MY SOUL no matter my circumstances.
48. I will glorify God in everything I do...no matter how mundane the task is (like driving...Jesus, thank you for giving me 4 kids to drive all over kingdom come...I love driving my kids where they need to go) (Added this one after we couldn't sell our house in 2018)
49. I am a servant of Christ and I am tasked with serving my family by (say the task(s) you need to do...wash dishes, pick up shoes, laundry, put kids stuff away, go to appointments, etc...)today for His glory. (Momentum:In Faith & Motherhood Devo, Day 4) "Work willingly at whatever you do, as though you were working for the Lord rather than for people." Colossians 3:23 NLT
50. I will choose today to..."Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." (Philippians 4:4-8 NIV)
51. I give Jeff authority over my body today. I will say yes even when I don't 'feel' like it. (1 Corinthians 7:3-5)
52. I will tap into my super power of initiating connection with Jeff through sex. (Heaven in my Home podcast...The Power of Initiating)
53. "But the Lord is faithful; he will strengthen you and guard you from the evil one." (2 Thessalonians 3:3 NLT)
54. Fear triggers either despair or prayer...I will choose prayer (Anxious For Nothing by Max Lucado)
55. Faith is not believing God can do something. Faith is not hoping he will do something. Faith is thanking God in advance. If you thank God after you've got it, that's gratitude. When you thank him in advance, that's called faith. (Rick Warren)
56. It's about God and Him using me as He chooses.
57. I will choose to leave people better than I found them. I will speak truth and love others well.
58. I will forgive quickly. (Jentezen Franklin) "Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others." Colossians 3:13 NLT
59. My faith is not based on what God does, my faith is based on who God is.
60. I AM more than good ENOUGH because Jesus lives in me and works through me. (Brielle's sermon)
61. Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance. (1 Corinthians 13)
62. I will Live Well, Lead Well and Finish Well in all things. (T-shirt from LALI)
63. I am God's masterpiece. (Ephesians 2:10)
64. I am deeply loved, divinely appointed, abundantly equipped and profoundly cherished by God. No enemy plan, scheme or obstacle can keep me from God's highest and best will for me.

As I follow the voice of my Savior, I see the invisible, accomplish the impossible and love the unlovable. I am a living-breathing miracle because Jesus lives in me. (Splankna FB)

65. I exist to provide things for my family that doesn't fit in our normal budget; and to NURTURE BELIEF through empowering all people to be the best version of themselves spiritually, mentally, physically, professionally and financially. (2 word purpose statement and my "why" for DōTERRA Essential Oils)

66. Any money I earn is for the entire family.

67. God created me for such a time as this (Esther 4:14)

68. I am ready to represent, be used by God and show up for God (Dr Tara Jenkins sermon)

69. I am an action figure by slaying the lies with truth! (Dr Tara Jenkins sermon)

70. I surrender my rebel heart...I let go and let God be my vision, strength and song. (Central Live song)

71. God says, you be you and you be mine (Margaret Feinberg)

72. I am a child of God who failed and gets back up to try again. (Enough: Silencing the Lies that Steal Your Confidence)

73. God knows more than me, He wants what's best for me, and He has a plan for me, so I will rest in God's reliability. (Jeff Maness...My Declaration sermon on Noah)

74. I do not react when I am criticized or attacked. Jesus, help me to first show grace, love and forgiveness. (Donna Reed's list first part, me the rest) Lord, give me wisdom to be constructive when I give criticism and gracious when I receive it. (Nicky Gumbel Day 100)

75. I will rise up and seek to have the ❤️ of God, understanding that no matter my career, it's my calling to see more people come to know Christ through me. I will hear the voice of God, going wherever He wants me to go, and doing whatever He wants me to do. I will anchor my faith in the hope of God, living my life as if it's worth nothing to me unless I use it for finishing the work God gave me. (My Declaration by Jeff Maness)

76. I will be transparent and continue to run to God through listening prayer ("Jesus cannot heal what you won't reveal." Christine Caine)

77. I will be full of grace + truth just as Jesus was. I will love and befriend people who are not like me. (John 1:14 NIV)

78. I will not trust the way I feel, but trust what Jesus says. ("Feelings are not dictators but indicators", said by Lysa Terkeurst)

79. "God, today, in everything I say and everything I show, I will proclaim your glory, produce good works, and point people to You." (Jeff Maness...Psalm 19 first sermon)

80. I will love and laugh rather than fight and complain. (Craig Groeschel's list from his devo Words To Live By)

81. Jesus, I want to trust You with every detail, every hurt, every question, every hope, and every dream in my life. I believe that Your love never runs out. I believe Your power is limitless. And I believe Your mercy, every day, is new. I trust You more than I trust my circumstances. I'm sticking with You. (SuperAdded by Hosanna Wong Ch. 22 prayer)

82. "Jeff and I are united in Christ, unstoppable with Christ, and unbreakable because of Christ. So, we will live out our lives TOGETHER, in INTIMACY, with FREEDOM, pursuing DREAMS, GROWING daily, and ELEVATING the standard for others." (We say this everyday...this is our calling, our mission, our vision)

83. God, may I be rooted in Your truth, knowing my ultimate value and worth are found in You. As I live out of this truth, may my identity overflow into all I do and say, reflecting my Maker. May I know confidence and security when jobs, zip codes, and communities change. When my spouse doesn't understand me, or my purpose seems foggy, or my kids are going nuts, help me remember who I am in You. Amen. (Choosing Real Devotional on YouVersion Day 3)

84. I will remember what God has done. I will accept what God is doing. I will trust what God is going to do. (Hope in the Dark devotional Day 8)

85. I am a great listener not a people fixer. I love helping people but need to wait for their prompting or God's prompting for my helping.

86. We live in FREEDOM! We will not have debt. We will save for the things we need and want. Being patient is always best. (Proverbs 22:7)

87. You, the Most High, the name above every rejection, have the final say over me. You know me and love me intimately and personally and fully. Let my reactions to ALL things make it evident that I spend a lot of time with you. I want my gentleness to be evident to all. I want your fullness in me to be the atmosphere around me. I want your love to shine through me. And I want your peace to be the path I walk. Your truth to be my wisdom when I talk. You are my everyday dwelling place, my saving grace. (Devo)

88. Father, I submit to you and resist the devil. I refuse to let doubt, fear or negative thoughts steal my faith, strength and renewal. I believe Your Word is true. I am healed, I am free, I am blessed, and I am living the abundant life. I reject the negative thoughts of the enemy and walk in the Word of the Lord. (Renewing the Mind 2.0 Devo, Day 5)

89. I am NOT a slave, so I will hold my head high. (Lev 26:13) LALI 2019

90. **God, help me to live a worshipful life. No matter what success I have, God, don't let anything of this world stand between me and You. And God, if anything even begins to threaten my relationship with You, I ask right now that You would strip it away from me. Do whatever it takes to keep my heart aligned with Yours. I love You. Amen. (Day 8 from 10 Days of Christmas Truths To Live All Year Devo) 12/8/19

91. God is with me, He is helping me, and my pain today will become wisdom tomorrow. (Battle Ready by Kelly Balarie)

92. I was strategically placed here at this time in history by my good, good Father for His glorious purposes and miraculous plans. (A woman of significance: discovering purpose day 5 devo on youversion)

93. "And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord." Luke 1:45 ESV. I AM HEALED FROM ANXIETY!!! (Dec 8, 2019)

94. Jesus doesn't want anything from me, Jesus wants me. (Xmas eve 2019)

95. Brave people don't give up. Brave people don't quit. Brave people realize that we rejoice in our sufferings because it leads to perseverance and perseverance produces character, and ultimately, it brings us to the hope we have in Jesus. Hope is worth fighting for. (100 Days to Brave devo by Annie F Downs Day 66) I AM BRAVE!!!

96. Because of Christ in me, I am important (Your Enneagram Coach on IG)

97. I surrender control of all people and all things to you oh God, and I ask for the power of the Holy Spirit to help control me in a way that honors you. (Jeff Maness)

98. God has more than enough power to break my yoke of stress. (Stress Free Living day 1 Devo)

99. Jesus paid for this (say what you are currently struggling with...fear, stress, rebellious child, sickness, depression, marital conflict) on the cross. Right now, I rest in His finished work and God's promises. I'm not going to become stressful. Jesus has already given me the victory; He has paid for the debt of sin I owed, and He has completely defeated the enemy. (Stress Free Living day 5 devo)

100. "Create a new, clean heart within me. Fill me with pure thoughts and holy desires, ready to please you." (Psalms 51:10 TPT)

101. I surrender EVERYTHING and ALL that I am to God. (Revelation of Truth from God through listening prayer)

102. "The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety." (Psalms 18:2 NLT) David wrote this

103. God is the greatest and He knows best (The Struggle is Real Video 1)

104. "But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world." (1 John 4:4 NLT)

105. I am strong and healthy because Jesus lives in me. (Revelation of truth From God through listening prayer) "O Lord my God, I cried to you for help, and you restored my health." Psalms 30:2

106. I choose to die to my flesh today. Instead I choose to feed my spirit by spending time with Jesus through reading His word, dialoguing with Him, saying truth statements, praying and letting Jesus use me in people's lives. (What God led me to from the Send Me sermon by Craig Groeschel 1/30/2016)

107. "But the Lord stood with me and gave me strength so that I might preach the Good News in its entirety for all the Gentiles to hear. And he rescued me from certain death. Yes, and the Lord will deliver me from every evil attack and will bring me safely into his heavenly Kingdom. All glory to God forever and ever! Amen. (2 Timothy 4:17-18 NLT)

108. God has given me the gift to change. My habits, emotions, and life will change by changing the way I think. I submit to the process of renewing my mind, and I expect divine progress. I refuse to accept past definitions and limitations of myself. As I embrace God's view of me, through His Word, I am being changed into His image, in Jesus' Name! (Fast From Wrong Thinking Devo Day 1)

109. Jesus is our Hope because He's our foundation in the storm. (3/22/2020...Jeff Maness)

110. I am going to run toward grace. I am going to run toward love. I am going to run toward boldness and freedom and holy confidence. I am going to run toward Jesus. I don't know everything this new perspective means, what exactly I have done, but it feels like something dark and destructive challenged me to a race today. AND I WON! (Devo:Strong, Brave, Loved by Holly Gerth Day 2)

111. I only have to do what Jesus wants me to today, and he will enable me to do so (Philippians 4:13). (Devo:Strong, Brave, Loved by Holly Gerth Day 3)

112. I'm not perfect, so sometimes I will let people down. What matters is being obedient to God (Galatians 1:10). (Devo:Strong, Brave, Loved by Holly Gerth Day 3)

113. I'm human, and as long as I'm on earth, I'll still be in progress. But God is growing me each day (Philippians 1:6). (Devo:Strong, Brave, Loved by Holly Gerth Day 3)

114. Jesus is here. He is with me and for me. I am strong and healthy. I can always trust Jesus and what He says. (Revelation of truth straight from Jesus through listening prayer 6/18/2020)

115. IT'S NOT ABOUT ME! I was created to intersect, impact and interact! (Rise:Step Up to God's Call Devo, Day 14)

116. "We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves. We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed." (2 Corinthians 4:7-9)

117. "Do not be afraid of the terrors of the night, nor the arrow that flies in the day." (Psalms 91:5 NLT)

118. "May the words of my mouth and the meditation of my heart be pleasing to you, O Lord, my rock and my redeemer. (Psalms 19:14 NLT)

119. Jesus is my Center (a truth that Todd Halvorson says)

120. "My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me." CHRIST LIVETH IN ME (Galatians 2:20 NLT)

121. I agree with Jesus! I take authority over the storms of life, and over all the power of the enemy. Through the abundance of grace and the gift of righteousness, I reign in life. I have the power to choose PEACE in the midst of the storms of life. I walk in wisdom, by acting on the Word, and I rise above every situation, in the Name of Jesus! (Kim shared this one with me from one of her Devos)

122. "Look up into the heavens. Who created all the stars? He brings them out like an army, one after another, calling each by its name. Because of his great power and incomparable strength, not a single one is missing. O Jacob, how can you say the Lord does not see your troubles? O Israel, how can you say God ignores your rights? Have you never heard? Have you never understood? The Lord is the everlasting God, the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding. He gives power to the weak and strength to the powerless. Even youths will become weak and tired, and young men will fall in exhaustion. But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint." (Isaiah 40:26-31 NLT)

123. But now, O Jacob, listen to the Lord who created you. O Israel, the one who formed you says, "Do not be afraid, for I have ransomed you. I have called you by name; you are mine. When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. For I am the Lord, your God, the Holy One of Israel, your Savior. I gave Egypt as a ransom for your freedom; I gave Ethiopia and Seba in your place." (Isaiah 43:1-3 NLT)

124. "Can anything ever separate us from Christ's love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death? (As the Scriptures say, "For your sake we are killed every day; we are being slaughtered like sheep.") No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from God's

love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God’s love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.” (Romans 8:35-39 NLT)

125. I am under the grace of God, giving me dominion over sin and temptation. I am yoked to Jesus. Therefore, it is His strength that I walk in. As I renew my mind to the Word of God, I am being changed and transformed, in Jesus’ Name! (Kim shared this with me from one of her devos...I took out the first sentence cause it had the word not in it)

126. As a 9...I am calm, patient, supportive, worthy, peace in troubled seas, generous, beloved, big-hearted, kind, complex, thoughtful, valuable, opinionated, multi-dimensional, broad minded, brave, sincere, versatile, and a passionate person. “Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other’s faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.” (Colossians 3:12-15 NLT)

127. “Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God’s throne. Think of all the hostility he endured from sinful people; then you won’t become weary and give up. (Hebrews 12:1-3 NLT)

128. Today, I am standing in the name of my God: He is gracious, He is the greatest, and He will help us. (Jeff Maness...Rack, Shack & Benny are thrown into the fiery furnace sermon 8/30/2020)

129. A bold faith is not believing you can do anything; it’s believing you can do anything God asks of you. (Jeff Maness...Daniel in the Lion’s Den Sermon 9/6/2020)

130. I am not a negative thinker. I am a truth thinker. God is for me, with me, and in me, therefore depression cannot stay. I am not helpless because I have the Holy Spirit living in me. I command every ounce of depression to loose me and let me go. I command it to be removed and cast into the sea, in Jesus’ Name! (Kim shared this with me from one of her Devos)

131. He reigns; therefore, I do not. He rules; therefore, I do not. He is sovereign; therefore, I am not. (The Secret Joy of a Surrendered Life Devo, Day 5) JESUS REIGNS, JESUS RULES, JESUS IS SOVEREIGN

132. No matter what happens to me, or who goes with me, I can’t stop and won’t stop following Jesus. (2 Cor 4:1) Jeff Maness

133. Lord, I want to face the unknowns in life while being completely in Your rest. Let Your Spirit lead me into this promised rest on all sides. Put a Holy Spirit bubble around me. Take back areas of conflict and empower me to trust You. Do Your supernatural work in that area of my life. Amen. (“All in Judah were happy about this covenant, for they had entered into it with all their

heart. They earnestly sought after God, and they found him. And the Lord gave them rest from their enemies on every side.” 2 Chronicles 15:15 NLT) (The Promise of Rest Devo Day 1)

134. Father, I long to release feelings of doubt, unbelief, or control so I don't miss the rest You promise in Jesus. Give me opportunity to fix my eyes on You. Steady my gaze through the strength of Your Spirit, so I become unwavering in focus and belief. Amen. (The Promise of Rest Devo Day 2) (Hebrews 4:1)

135. Lord, please help me to control my tongue today. Help me to speak words of life to those around me. I want to be an encourager and not a discourager; a builder of dreams rather than a destroyer of destinies. I pray the Holy Spirit will help me be known as a woman who speaks life into those around her. In Jesus Name, Amen. (The Power of a Woman's Words Day 1) James 3:9-10

136. “But the day of the Lord will come as unexpectedly as a thief. Then the heavens will pass away with a terrible noise, and the very elements themselves will disappear in fire, and the earth and everything on it will be found to deserve judgment. Since everything around us is going to be destroyed like this, what holy and godly lives you should live, looking forward to the day of God and hurrying it along. On that day, he will set the heavens on fire, and the elements will melt away in the flames. But we are looking forward to the new heavens and new earth he has promised, a world filled with God's righteousness. And so, dear friends, while you are waiting for these things to happen, make every effort to be found living peaceful lives that are pure and blameless in his sight. (2 Peter 3:10-14 NLT)

137. “Lord, help us!....(Joel 1:19 NLT) My prayer in 2020 more times than I can count was “Jesus, help! Jesus, help! Jesus, help!” I love that Jeff found a scripture to support it.

138. “Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. (Hebrews 12:1 NLT)

139. “Let all that I am praise the Lord; with my whole heart, I will praise his holy name. Let all that I am praise the Lord; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. My youth is renewed like the eagle's! (Psalms 103:1-5 NLT)

140. Lord, help me to follow the example of Jesus in battles and blessings. May I learn your Word so I can respond to temptation and be courageous in proclaiming the message of Jesus. (Bible in One year 2021 with Nicky Gumbel Day 4)

141. “Thank you Jesus that though I do not know what my tomorrow will bring, nor how life will play out, I can focus on you in my present. My today is important to you and I desire to live with a kingdom mindset - where my whole being flourishing within the rest you have enabled for me. Amen” (Mint Chip: A Rested Body Day 5) (Matthew 6:22-23)

142. I will walk by the spirit and not gratify the desires of my flesh. (Galatians 5:16) Pastor Craig's sermon Help! I'm Out of Control-Greater Reward Part 1

143. I belong to Jesus and because I belong to Jesus I'm gonna walk in the spirit; I'm gonna depend on Him. (Pastor Craig's sermon Help! I'm Out of Control-Greater Reward Part 1)

144. There is a God and He is alive in me today. He is a good God. He is Sovereign over all things in my life. He is for me and not against me. He loves me unconditionally and without question. He not only hears me when I pray but He answers me as well. And He is with me, no

matter what I face in this life. So I am confident in God, I'm standing with God, and I trust in my God. (Romans 8:31-39) Jeff Maness

145. I want to hear God's word, not worry about life but give all my worries to Jesus, be content with all that God has blessed us with and continue to produce fruit til Jesus calls me home.

("The seed that fell among the thorns represents others who hear God's word, but all too quickly the message is crowded out by the worries of this life, the lure of wealth, and the desire for other things, so no fruit is produced." Mark 4:18-19 NLT)

146. I will be available, making the most of every opportunity. (Col 4:5) Jeff Maness

147. "But the godly will flourish like palm trees and grow strong like the cedars of Lebanon. For they are transplanted to the Lord's own house. They flourish in the courts of our God. Even in old age they will still produce fruit; they will remain vital and green. They will declare, "The Lord is just! He is my rock! There is no evil in him!" (Psalms 92:12-15) 🌴

148. With God's help, I will choose what I want most over what I want now. (1 Cor 9:24) Why Can't I Change sermon by Craig Groeschel

149. Training is doing what I can do today to enable me to do even more tomorrow. Training isn't a hopeful experiment, it's a devoted commitment driven by a deeper why. I AM DEVOTED TO HAVING A GREAT MARRIAGE. I AM A GODLY PARENT. I AM AN AMBASSADOR FOR CHRIST. I AM A PRAYER WARRIOR. I AM DISCIPLINED IN THE WORD OF GOD. MY BODY IS GOD'S TEMPLE SO I WILL EAT HEALTHY FOOD, EXERCISE, GET GOOD SLEEP AND DRINK LOTS OF WATER. (Why Can't I Change sermon by Craig Groeschel. My words are all capitalized)

150. My God created the world, set the earth on its foundation, and at His rebuke, the waters flee. I am His child, a co-heir with Christ, a citizen of heaven, and my salvation is secure. I am God's workmanship, His very own possession, the temple of His Holy Spirit, and I have been justified by faith. I am not perfect, but I am free from condemnation for God does not treat us as our sins deserve. When troubles arise, I know that God is already working in them and for my good and that He will complete the work He started in me. I am more than a conqueror and have not been given a spirit of fear but one of power, love, and a sound mind because greater is He who is in me than he who is in the world. Because of this, I may approach God with confidence because I know that I can do all things through Christ who gives me strength. (What is Spiritual Warfare Devo, Day 5) Romans 8:35-38

151. I am STRONG, SAFE, SECURE, GROUNDED, FIERCE, INNOCENT, BEAUTIFUL, PRIZED, HAPPY & HEALTHY in Jesus name. (Splankna Creative Session 02/02/2021)

152. 7 things God has for you on the mic from Louie Giglio's sermon, Opinion is on the mic: I AM WORTH JESUS TO GOD...GOD THINKS I AM VALUABLE ENOUGH THAT A KING CAME TO RESCUE ME...NO HARM HAS BEEN DONE TO ME THAT CANT BE OVERCOME BY THE LOVE GOD HAS FOR ME...THERE IS SIN ON MY RECORD BUT MY RECORD HAS BEEN BLOTTED OUT BY HIS BLOOD (Isaiah 45:25)...IF GOD SAYS I CAN, I CAN...WHAT GOD SAYS I HAVE, I HAVE...I AM ON AN ESSENTIAL ASSIGNMENT FROM GOD...IM NOT THE SUM OF MY WINS AND LOSSES, IM NOT DEFINED BY MY BEST OR MY WORST, IM A LOVED DAUGHTER OF THE MOST HIGH GOD...GOD IS GREATER THAN MY CIRCUMSTANCE.

153. Lord, forgive me for the times when I have failed in these areas. Help me to lead a life of integrity, authenticity, humility, compassion, vision, focus and generosity. Help me to have the

same concern for my city as Jesus had for his. (Bible in One Year 2021 with Nicky Gumbel Day 35)

154. Lord, help me to avoid passing superficial judgments on other people. Give me wisdom and sensitivity towards those who are struggling with life. Help me to fix my eyes on the one true leader, Jesus, to come under his Lordship and follow his example. (Bible in One Year 2021 with Nicky Gumbel Day 35)

155. Jesus, you have put the enemy under my feet, I am not under his feet. I take my position of authority over his strategies to derail me from my glorious future in Christ and I praise and thank You Lord that all Your promises in Christ are "Yes" and "Amen". (Live Love Lead Devo Day 13)

156. Father, thank you for the blood of Jesus shed for me. I offer the whole of my life to you: my body and my mind; my will and all my decisions; my family and all of my relationships; my finances and all you have given to me; my work and service to you. In Jesus' Name, I receive the protection that comes through the blood of the lamb over my life. (Bible in One Year 2021 by Nicky Gumbel Day 43)

157. "Teach us to number our days, that we may gain a heart of wisdom." (Psalms 90:12 NIV) (I read this verse everyday for 14 days in the Devo, Live Love Lead.) I want to make everyday I live count. Put my phone down and spend time with people in person. Listen, laugh, and be silly with my teens. Enjoy my husband...live with an eternal mindset. Earth is not my last home. (Feb 2021)

158. "We live in such a way that no one will stumble because of us, and no one will find fault with our ministry. In everything we do, we show that we are true ministers of God. We patiently endure troubles and hardships and calamities of every kind. We faithfully preach the truth. God's power is working in us. We use the weapons of righteousness in the right hand for attack and the left hand for defense. We serve God whether people honor us or despise us, whether they slander us or praise us. We are honest, but they call us impostors. Our hearts ache, but we always have joy. We are poor, but we give spiritual riches to others. We own nothing, and yet we have everything."(2 Corinthians 6:3-4, 7-8, 10 NLT) Paul Speaking...we can relate to Paul's heart. CANT STOP, WONT STOP !! !! !! !! !!

159. As children of God we can have the assurance that God will deliver us in current troubles, just as He delivers us in the past. We can take our trust and put it in the right place, which is in God alone. Trust is not worried or anxious, because it has entered into God's rest. Trust is not confused, because it has no need to lean on its own understanding. Trust does not give up or panic. Trust believes that God is good and that He will work things out for our good. (Beth shared this with me from her Devo) 2/22/2021

160. I will honor Christ and display the gospel in our marriage even if Jeff doesn't. (You & Me Forever Week 2 video by Francis & Lisa Chan)

161. Even if everything is entirely wrong, I still have a God who is entirely righteous. Even if I were left with nothing, I still have God, and He is everything. (Winning The War in Your Mind by Craig Groeschel...pg 164)

162. The Lord is close. He is near. He will never leave me nor forsake me. Nothing can separate me from His love. He is always with me. I am never alone, and He is enough for me. His strength sustains me. He watches over me, and He guides me with His loving eye upon me. God is close, and He wants to draw me close. I will lean into Him and listen for His whisper. Psalm 145:17-19 (Winning The War in Your Mind by Craig Groeschel...pg 166)

163. God is able to still storms, move mountains & solve every problem. God is God and I am not.

164. "I pray that your hearts will be flooded with light so that you can understand the confident hope he has given to those he called—his holy people who are his rich and glorious inheritance. (Ephesians 1:18) 3/07/2021 Jeff's message

165. Father God, I thank You that You are a good God. You are so trustworthy. Reveal to me the areas of my life that I'm still holding onto, the areas that I need to fully surrender to You. I repent of holding onto things that need to be released. I repent for not fully trusting You with my life. Transform me into a new person by changing the way I think. I can't afford to have any thoughts in my mind that don't line up with who You say I am. Help me learn to know Your will for my life. I know that it is good, pleasing and perfect! (Experiencing Jesus Through Lent Day 34)

166. I am a strong woman who is anchored in God's promises. (Ch 5 of You & Me Forever by Francis & Lisa Chan)

167. Lord, thank you that you have set your affection on me, loved me and chosen me. Help me today to fear you, to walk in all your ways, to love you and to serve you with all my heart and all my soul. I pray that you would make your church as numerous as the stars in the sky. (Bible in One Year with Nicky Gumbel Day 98)

168. Even when I experience bad things, I know that everything God does is good. He saves me. He stands with me. He satisfies me. He sustains me. Therefore, I will praise Him with all that I am. Psalm 103:1-13 (4-18-2021 sermon)

169. "Obviously, I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant." Galatians 1:10 NLT (OBEDIENCE IS OUR SUCCESS)

170. I declare that when I read the Bible it heals the broken places in me and that depression will flee. Joy comes into my life by the power of the Bible. (21 Days to Beat Depression Devo Day 2) John 15:1-17

171. "Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing." (James 1:2-4 NLT) When trouble comes my way I will choose joy in the midst of it, knowing that when my fish is tested God will build my endurance and lead me to a full and complete faith in Him. ●

172. I declare that I will express joy regardless of my circumstances. I will rejoice in the Lord today because He has made this day for me! (21 Days to Beat Depression Devo Day 4) Phil 4:4

173. Because Jesus is enough, I can experience true fulfillment. Because Jesus is enough, I can live connected with Him and others. Because Jesus is enough, I can rest. Because Jesus is enough, I can risk for His glory. Because Jesus is enough, I can trade fear for hope. Because Jesus is enough, I can embrace grace. Because Jesus is enough, I can live out my true calling. (Nothing To Prove Devo Day 3)

174. I declare that I am a carrier of heaven's joy! My life, from this day forward, will bring joy to a lost and dying world. Depression and discouragement will not fill the empty spaces in my life BUT JOY will be my chief commodity! (21 Days To Beat Depression Day 8)

175. God is close to me. When my life is falling apart I will draw near to the One Who is able to comfort me. (21 Days To Beat Depression Day 13)

176. "The Lord says, "I will guide you along the best pathway for your life. I will advise you and watch over you." (Psalms 32:8 NLT) page 57 of the Control Girl book
177. God, I trust that you will use the struggle of surrender to make me beautiful. (Hebrews 11:11) page 71 of the Control Girl book
178. Joy is healing the deepest places in me! I will think joy-filled thoughts and speak words of joy! (21 Days to Beat Depression Devo)
179. Jesus is first in my life. Everything, including me, comes from Him, exists by His power, and is intended for His glory. So, I exist to glorify Him! Romans 11:36 (5-1-21) Winning The War in Your Mind book
180. I have made a covenant with my eyes, by the power of God, to walk in purity. I will only look at things that are excellent and worthy of praise. (Job 31:1, 11-12) Winning The War in Your Mind book
181. Even when I've had enough, I know my God is still enough. You are enough for me God. (5-1-21 from Craig G Winning The War In Your Mind)
182. Even if everything is entirely wrong, I still have a God who is entirely righteous. Even if I were left with nothing, I still have God, and He is everything. (5-1-21 from Craig G Winning The War In Your Mind)
183. Because of Jesus, I will come boldly to the throne of God's grace and present my requests to Him. I will come into His presence, fully trusting Him, and he will give me grace when I need it most. Hebrews 4:14-16 & 10:21-22 (5-1-21) Winning The War in Your Mind book
184. God is still on the throne, Jesus is alive and seated at His right hand, and along with His Holy Spirit, He is pleading and interceding for me with groaning's that cannot be expressed in words. (Hebrews 7:25 Romans 8:26, 33-34) Winning The War in Your Mind book
185. I will express joy regardless of how I feel. I will change the world as I establish my life upon the Fruit of the Spirit known as joy! (21 Days to Beat Depression Devo Day 20)
186. The power of depression has been broken in my life! From this day forward I will walk in the joy of His presence and in the power of the Holy Spirit! (21 Days to Beat Depression Devo Day 21)
187. The world's definition of happiness is often dictated by circumstances, but biblical joy is built on a person named Jesus. (9 Common Lies Christians Believe Part 1 Devo, Day 1)
188. Nothing is impossible for God. He has the power to change people so they will start living the life He desires for them. (9 Common Lies Christians Believe Part 1 Devo, Day 3)

"So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor. Give all your worries and cares to God, for he cares about you. Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour. Stand firm against him, and be strong in your faith. Remember that your family of believers all over the world is going through the same kind of suffering you are. In his kindness God called you to share in his eternal glory by means of Christ Jesus. So after you have suffered a little while, he will restore, support, and strengthen you, and he will place you on a firm foundation."

1 Peter 5:6-10 NLT

Generational sins

“The Lord is slow to anger and filled with unfailing love, forgiving every kind of sin and rebellion. But he does not excuse the guilty. He lays the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations.”

Numbers 14:18 NLT

Anxiety for me could be my thorn...

“Three different times I begged the Lord to take it away. Each time he said, “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. That’s why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong.”

2 Corinthians 12:8-10 NLT

I can comfort others who struggle with anxiety...

“All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us. For the more we suffer for Christ, the more God will shower us with his comfort through Christ.”

2 Corinthians 1:3-5 NLT

Forgiving others, myself and God...

“If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins.”

Matthew 6:14-15 NLT

The Messy Podcast

Laynie Travis

How do you recognize God’s voice or the evil voice in your life?

GOD leads you, evil pushes you.

GOD stills you, evil rushes you.

GOD reassures you, evil frightens you.

GOD enlightens you, evil confuses you.

GOD encourages you, evil discourages you.

GOD comforts you, evil worries you.

GOD calms you, evil causes obsession.

GOD gives you conviction and says, "rise up to who you are", evil condemns you and puts shame on you.

Enemy Lies I have believed

I'm not a good mom

I'm not good at submitting to Jeff

I can't do anything right

I'm not healthy

I'm worthless

Disciplining is too hard

I suck at keeping the house clean

People's neediness wears me out

The enemy scares me...I just want him to leave me alone

Feeling anxious...what's going on? Why do I feel this way? My feelings speak louder sometimes which turns into fear.

I want to be in control

I'm not a good friend.

I'm a failure

What I say doesn't matter